

## 3-12-25 Approved OIG Meeting Minutes

**(NOTE: Information in this rust color indicates an action item for Reps. Please share it with your meeting members.)**

**Welcome:** Serenity Prayer, 12 Steps, 12 Traditions and one of the concepts of service

**Introduction:** We had 19 members at this month's meeting. All attendees are listed at the end of this document. BIG WELCOME to Faustin R., a member of our Tuesday Noon Beaverton Face-to-Face. Also WELCOME AGAIN to Tim C., our Region 1 Liaison

**2-12-25 Minutes, Carolyn S.,:** I mistakenly identified Faustin R as a visitor rather than our NEW REP for the Tues. Noon Beaverton Face to Face meeting. Sorry, sorry, sorry! That mistake has now been corrected in these minutes.

Also, just a reminder, Reps and folks with service positions get two separate emails of the Preliminary Minutes monthly, with slight variations. The first set is are sent out shortly after our monthly OIG meeting. These are for you to review and send corrections to Carolyn (Secretary@Oregon-oa.org). She adjusts as needed and sends out the revised minutes shortly before our next OIG meeting. In case anything finds something new to correct at our next meeting, Carolyn makes updates and, with great relief, posts the final Approved Minutes on our website.

**12-Step Study Online Workshop:** The workshop is a hit! We are at capacity (18 members) and have held their first session. Anyone who dawdled on enrolling, sorry but you will need to wait till we commence a new one down the line. If you need a serious hit of 12-step before then, www.OA.Org also lists events, both nationally and internationally, including online 12-step workshops. To learn more, go to www.OA.Org. At the bottom of the main page, you will see a link for Events. Hit that and it will show you so many programs to attend, you will never watch TV again.

**Treasurer Update:** Our crafty Jean caught a scammer trying to con us out of \$3000. We have now established that all requests for out of the ordinary payments must be confirmed verbally between Pat and Jean.

Point of clarification about our annual 7<sup>th</sup> Tradition donations ... the money was once all collected by Oregon Intergroup and, at year's end, we split the excess between our Intergroup, World Service and Region 1. That became impossible when Covid forced us online for many of our meetings. We now ask you individually to split your donations and send them to the appropriate entities. Because WS needs more to fund some services this year, the ratio this is a little different: 50% goes to Oregon Intergroup; 40% World Service; but Region 1 stays at 10%.

However, if excess funds remain in Oregon Intergroup's coffers at year-end, they are also sent to WS and Region 1. Since Square debits us the same amount for each service charge, please hold off and donate quarterly, semi-annually, or annually.

If you have not calculated percentages since high school, ask Jean for help (Treasurer@Oregon-oa.org).

Speaking of OA money, we need some volunteers to help Pat and Jean audit the books on a quarterly basis. You do not need to be a math whiz kid to do this. It should take about an hour. You can do it online, but if you opt to do this F2F at Pat's, she will treat you to lunch.

### **World Service Business Conference (WSBC) Update:**

This year's conference is virtual, which makes it much easier to attend. So far, our regular delegates, Lisa S. and Allison G., are both attending. Joining them is Michelle O. Michelle, has been a delegate previously but cannot travel. Lucky her, this year she can join in the fun.

Kathleen F. also offered to attend. Theoretically, delegates ask to be approved by Intergroup one month are voted on the next month. Given time restraints, we waived the one month waiting period and approved her also. This means we **have four delegates attending**. That is the maximum we are allowed!!!! We have not hit our delegate max quota for years!!!

If anyone is interested in attending as an assistant, contact Pat (Chair@Oregon-oa.org).

**New Website Update, Cynthia E.:** Cynthia reports that revamping the website is (no surprise) not as easy as you would think. She and Alex continue reducing the prose and making the site more compatible for those using an iPad or iPhone. They will shortly be sending out the beta version to guinea pig volunteers. If you would like to help, contact Cynthia at Website@Oregon-oa.org.

**Update from the Serenity Retreat Committee, Dawn F:** A flyer has been created which you can download from our events link (Oregon-oa.org/events). The theme this year is "Body Serenity", and we have firmed up two terrific speakers. There will be two tiers of pricing, with the newcomers getting a subsidized rate of \$199. The price for returnees will be slightly higher than last year. Registration commences July 10<sup>th</sup>. Please, you eager beavers, **do not register yet** via our website. Even though the DONATE link has a Serenity Retreat option on it, it is not set up to credit you. Just hold tight till July 10<sup>th</sup>. If you have any questions, you can reach Dawn at Serenityretreat@Oregon-oa.org.

**Dawn reminded all Reps to urge their meeting members to create a scholarship fund. If you have already done it, you get first dibs on the salad bar at the retreat.**

Because Twin Rocks is a tad too rustic for people who need ready access to a bathroom, etc., we want to find a new retreat site. To do this, we need one or two volunteers to create a short-

term search committee. This will entail driving to various sites in our area to check them out. If you are interested in some fun day trips, contact Pat about helping (Chair@Oregon-oa.org).

**Events Coordinator, Kathleen F.:** Industrious Kathleen has been busy attending OA meetings to suss out which would like to put on an event. This month, she went to the Saturday meeting in Salem, which has historically been one of our absolute best hosts. They are planning to combine forces this year with the Salem Friday meeting to pull this off.

**Possible Future Events:** After going through the suggestions made at our last meeting, we narrowed in on three types of events to present in the next year. There will be in-person workshops, a picnic in a new location and utilizing the public information table materials at various public settings (i.e., health fairs, colleges, etc.). Currently, we have two such events in the offing:

1. Picnic during the summer. Candace has volunteered to find a location and organize this event. The target is to have 75 attendees (we had 40 last year). OA members only. Sorry, but we want this to be a bonding event.
2. "HANDS ACROSS THE BRIDGE" event at Esther Short Park. FYI, Hands Across the Bridge is a non-profit Organization that builds advocates for the recovery process. This is a good fit for us since many of our members wear "two hats," meaning they are in multiple programs. Cynthia E. has suggested we use the Region 1's professionally created public affairs kit, which includes a professionally printed tablecloth identifying who we are, a standee banner and materials to be offered to those who are interested in learning more. If this event is successful, we can consider purchasing a kit of our own.

### **Promoting events:**

It was suggested that we include a QR code in all our future flyers. These codes can be easily scanned and, in so doing, the viewer can be brought immediately into our website or various links to find out more information about our events. This will be particularly good in attracting younger people since, for them, these QR codes are commonplace.

### **Diversity information:**

We also want to incorporate our OA Diversity Statements into our literature at public events and encourage meetings to add it to their meeting formats.

### **Updates from Region 1, Tim C:**

We are having a Region I Convention April 25 – 27 (Friday to Sunday) on Zoom. The dates on the Region 1 website were wrong so the event has been taken off the website till they can correct the dates. Hey, it is progress not perfection. Anyway, it will be like a regular convention, with seminars, workshops, and speakers. The cost will tentatively be around \$35 for the weekend. If you cannot afford that, pay what you can. HOWEVER, if you can afford to pay

more, it is also okay to subsidize others. The specifics about this event will be up on the Region 1 website shortly ([www.oaregion1.org](http://www.oaregion1.org)).

The Region 1 Assembly and Convention in Bellingham in October is also not listed on the Region 1 website yet. Unfortunately, it lost the week they advertised. The revised date will be on the website as soon as it is nailed down.

Saddle up, folks. Next year, the Convention is tentatively going to be in Montana. Ya-hoo!

Tim also wanted to thank Pat and the others in our group who put together the excellent WS Business Conference Questionnaire. It helped his own OA group focus much better on what they could do in the future.

### **Meeting Rep Updates:**

Candace shared that the Saturday morning St. Barnabus live meeting is doing very well.

Shannon G. related how their Saturday am meeting in Vancouver has a member who had medical issues. When the meeting ended and everyone left, he was accidentally left behind. Thankfully, some church members stumbled in on him and helped. But this brings up the issue of liability and responsibility in cases like this. The church where this meeting is held now wants proof of our liability insurance (thank our Higher Power that we have it). In addition, they asked the meeting to create a policy for how to manage this in the future. This is not a unique situation... many meetings have vulnerable members in attendance. Some members are dropped off by medical transport. What if their transport does not return? How do we properly safeguard our members and do due diligence with our hosts? **We are asking all reps to bring this to their meetings for a group conscience: What should their members do if something like this happens to them in the future?** In the case of the Vancouver meeting, they are going to do a sweep of the building before the last two people leave to be sure that everyone is out. Since the meeting situations vary, every meeting is asked to produce a policy appropriate for their needs. For instance, meetings with people using medical transport may opt to have someone stay with the vulnerable member till the transport arrives. Others may suggest to members that if their condition is fragile, they might have someone accompany them or start attending an on-line meeting.

On a happier note, Pat shared that, during the recent snow, one of the Face-to-Face groups connected, got online, and held their meeting virtually. **Reps, please urge your meetings to create a policy about how to proceed if you cannot meet in person.**

Shannon G. asked how to help another person who showed up at their Vancouver Sat. Morning "n the Orchards" meeting. The attendee wants to set up her own 12-step meeting and figured that the locations of the AA meetings might be a good place to get ideas about where to hold it. She wanted a list of active AA meetings. Can we provide this information? Yes. This is a completely appropriate request. The 12-step groups coordinate with each other all the time. Since this woman has no computer, it was recommended that she call AA headquarters. She can then attend meetings in good locations for her and determine if they are right for her needs.

Pat jubilantly announced that several Face-to-Face meetings are getting many new members. **Please, Reps, remind your meeting's members that if someone has the courage to show up, greet them warmly and offer information and literature, exchange phone numbers and then have someone designated to do follow-up phone calls.** Face-to-Face meetings can provide hard copies of the OA's Welcome pamphlet. This includes 32 pages of information, including the "Where Do I Start" pamphlet. If it's a virtual meeting, you direct them to [www.bookstore.oa.org](http://www.bookstore.oa.org), where they can download PDFs and order books. The key here is to make newbies feel valuable and welcomed.

### **Formal Closing - Serenity Prayer**

#### **Attendees:**

#### **Board:**

Pat O'C, Chair; Carolyn S., Secretary; Kathleen F., Events Coordinator; Dawn F., 2025 Serenity Retreat Co-Chair; Jean H., Treasurer

Service Positions: Mikki Mc, On-line Coordinator (aka OIG Zoom Coordinator), Cynthia E., Webmaster; Gladys H., Sat 10am Speaker Meeting Coordinator

**(NOTE:** All board and service members email addresses are available online. To find this information, go to our website and click on the link for CONTACT OREGON INTERGROUP. You will see a list of our leaders and their OA emails.)

#### **Reps present who are not also holding board or service positions (V = virtual; F2F = Face to Face):**

Candace – Sat 9:30 Co-Rep St. Barnabas F2F  
Connie C. – Mon. Noon – Step Writing V  
Debbie S. – Thurs. 10:30 Beaverton  
Faustin R. - Tues Noon Beaverton F2F  
Margie G. – Sun. 2 pm McMinnville & St. Barnabas & Wed. Noon V  
Monica G. – Wed. noon Lake Oswego Lifeline F2F  
Shannon G. –Sat. 10am In the Orchards mtg. in Vancouver, F2F  
Stephanie K. – 7 am Sat, Sun, and Wed V  
Sue – Sat. 7am, Unity, F2F  
Virginia L. – Salem, Sat. morning Hybrid

#### **Guests:**

Tim C., Region 1 Liaison

