

## 10-13-24 Approved OIG Meeting Minutes

Welcome: Serenity Prayer, 12 Steps, 12 Traditions and one of the concepts of service

Introductions: We had 16 members at this month's meeting (all attendees are listed at the end of this document). A big welcome to Cynthia who attended to figure out what we're doing here. FYI, ALL of you curious members are welcome to attend any monthly OIG meeting that tickles your fancy. And, oh yes, if you are then inspired to take on a service position, you will make your sponsor and meeting proud. It is also an excellent way to strengthen your program.

Approval of October reports and 9-11-24 Minutes, Carolyn S., Secretary: A few service providers couldn't make the deadline to be included in our monthly reports, so I'm adding their comments below:

Dawn F., Serenity Retreat: I have no report yet for the 2024 Serenity Retreat due to some delays in getting a finalized financial report. However, I do want to introduce Teresa B. who would like to serve as our new Co-chair for the 2025 Retreat (applause here)

Jenice G. Speaker Meeting: There were 12 people at our Speaker Meeting on 10/5/25, which featured a fantastic speaker.

As regards the review of our 9-11-24 Minutes, eagle-eyed Rosanne K. pointed out that, in the listing of reps on the final page of last month's minutes, Jenice is identified as the Coordinator for the Saturday Night Zoo Speaker meeting. It should have been Zoom. Great catch, Rosanne!

Chair; Pat O'C.:

We have been using a calendar on our website that is free for the last four years. Now, they want to start charging us \$30 a month. I believe it is no longer that necessary if we can bring the spreadsheets up a little better in quality. But we'd like our reps to get input from their meeting members before cutting the cord.

Treasurer Update, Jean H. and Bob C.:

It's time to create our budget for 2025. Anyone who wants to volunteer to be part of this, please let Jean know at [Treasurer@Oregon-oa.org](mailto:Treasurer@Oregon-oa.org).

The check to Twin Rocks has now cleared, so we officially have reserved a space next year in September.

Serenity Retreat, Dawn F. :

We decided to commit to the Sept. 5th - 7th dates in 2025. Upon further exploration, we decided not to opt for new cabin locations at Twin Rocks because they would be too far from the dining area for our members.

Reps, please start talking to your meetings about putting together scholarship funds for members to attend this and other future events. If they start this now, we'll have the money in place when it is needed.

We have a committee lined up for 2025, which includes virtually all the committee members from this year. Those people include Jody B., Robert, Kathy P. and Teresa.

In addition, Teresa has volunteered to be the co-chair with Dawn. In order to make this official, we interviewed her and Dawn about their reasons and hopes, then voted overwhelmingly to approve their offers.

Events Coordinator, Kathleen F.:

My first event is this December: It'll be entitled "The Promises by Candlelight", which is a common event across the country in OA Groups. The event happens at night, and features 12 speakers who will share their experiences with each of the promises from the Big Book. When they finish their individual shares, they will light a single candle. At the end, all event

participants also have a chance to share and light a candle. The date isn't firm yet, but will be either Dec. 7, 8th or 9th.

This event needs a tiny committee to work with Kathleen. She will also need 12 speakers to provide about five minutes each of a share. If you'd like to volunteer, you can contact her at [Events@oregon-oa.org](mailto:Events@oregon-oa.org).

Pat pointed out that if you have a sponsee who needs to get their feet wet doing service, this is a perfect opportunity.

Program in my Pocket, Pat O'C.: Years ago, we put together a booklet filled with generic OA literature, and a collection of tools and inspiring thoughts (i.e., a listing of the Serenity Prayer, the 12 Steps, etc.). The booklet was printed and offered to our members at a modest fee at events and through our website. Sales peaked years ago with our members, but at the recent World Service Business Conference, many other regions snapped up some of our remaining copies. We only have about 40 left. Dorothy C., who has been fulfilling our orders, suggests that we have Allison and Jenice take what's left with them to Assembly/Convention this month and sell them all, perhaps at a fire sale price. FYI, the material in the booklets can always be reprinted if needed, but given how the digital age offers most things like this online, the hard copies concept seems dated. Discussion was held and we agreed to let Jenice and Allison offer the booklets at Assembly for the sale price of \$5.

Bylaws Review, Pat O'C, Chair:

For several months now, we have been updating our bylaws. Numerous small changes have already been incorporated (i.e., we no longer have a newsletter editor; that person is now the blog editor). Among the changes with more substance:

1. We have changed the title of Zoom Coordinator to "On-line Coordinator" since we don't want to appear to endorse a specific company.

2. The Member-at-Large is now a board member position.
3. Since both the Chair and Secretary positions require a longer training period and have more responsibilities than other service positions, we will now be staffing them in alternating two year commitment periods. That way, the transition between these two key positions will be much simpler. One year the Chair changes; the next, the Secretary changes. That way, the senior of the two will be there to support the transition of the newer one.
4. Most of our position duties are now reflected in the policies rather than the bylaws. This makes it much easier to change if needed in the future.
5. Because all voting now is on-line, we have eliminated all references to paper ballots.
6. Intergroup is no longer required to have meetings in December and August.
7. On issues that require member feedback, we have reduced the method of communication and response to three days rather than a week since we have electronic communication.
8. We no longer have standing committees. Instead, we will have ad hoc committees, meaning we will create them as needed for short term projects (i.e., Serenity Retreat Volunteers). When they have completed their task, they will disband. The Abstinence requirements for ad hoc committees chairs is current abstinent.
9. Prudent Reserve - We've always had a prudent reserve policy for various expenses. Till now, however, the specifics of this reserve were not listed in our bylaws. Now they are.
10. Twelve Traditions and Twelve Concepts always supercede all other other rules of order (i.e. Robert's Rules of Order).

#### Meeting Rep Updates:

Gladys H., Rep for Tues. Noon Beaverton face to Face: Our meeting has created a name, which is the Beaverton Tuesday Noon (BTN) Meeting.

NOTE: This is important since when newcomers see our list of meetings, some assume we are associated with the various churches where we meet. No. We're only renting space from them. To avoid this misperception, we are asking all reps to get their members to

change their meeting name if it includes the name of the church where they meet. If your meeting has yet to make this change, please do so ASAP. They can make this change by having the meeting secretary or rep go into our website, and hit the link Find a MEETINGS. The UPDATE MY MEETING GOOGLE FORM is on the top of that page. Go into the link, fill it out and submit.. This new information will be sent to the meeting coordinator. To be safe, check a month after this update to be sure the changes are now reflected in our documents. If not, email [meetinglist@oregon-oa.org](mailto:meetinglist@oregon-oa.org) to find out what was missed.

Dvora R, Rep for the 10 am Sat., Freedom from Compulsive Overeating: I will be out of the country next month when we have our next OIG meeting. Should I encourage someone to take my place?

ANSWER: Absolutely. It keeps your meeting represented and exposes new people to Intergroup. In fact, it is strongly recommended that, if any service provider cannot be present for any of service obligations, they get someone responsible to replace them.

Cynthia, Rep for the 10 am Saturday in Orchards meeting: Our new meeting name was incorporated into the records but, several months later, it had reverted back to its original name, which referenced the church where it meets. What now?

ANSWER: Sorry. We had a computer crash awhile back and many things had to be re-entered. This was one that got lost in the cracks. Please review the instructions above about how to change a meeting name, go into our website and change it as needed.

Formal Closing - Serenity Prayer

Attendees:

Board: Pat O’C, Chair; Carolyn S., Secretary; Jean H., Treasurer; Bob C. ViceTreasurer, Kathleen F., Events Coordinator; Dawn F., 2024 Retreat Chair; Allison G., Delegate 2

Service Positions: Mikki Mc, On-line Coordinator (formerly OIG Zoom Coordinator)

Reps (in order, alphabetically, by first name):

Connie C., Mon. Noon Step-Writing

Debbie, Beaverton 10am Tues.

Dvora R., 10 am Sat. Freedom from Compulsive Overeating

Gladys, Beaverton Tuesday Noon Face-to-Face (F2F)

Juli, Mon 7pm F2F

Kathleen F., Sat 10 am Vancouver in the Orchards

Rosanne K., Mon 7:30 Newburg Zoom

Stephanie K, 7am in the Solution on Wed., Sat. & Sunday

Visitors

Cynthia