

8-10-22 OIG Minutes Approved

7:00 PM **Opening:** Serenity Prayer, Steps, Traditions. 17 in attendance (see bottom of report for names, positions and meetings present).

Chair and Attendee Welcome

Review of Minutes from 7-13-22 Intergroup meeting – Approved with one update: “We had 52 people registered for the retreat as of our July OIG meeting, which is close to the highest number we’ve ever had in the last 10 years”. More accurately, we had 72 registered for the 2020 retreat. Sadly, that was at the beginning of Covid and half of those who registered subsequently canceled.

Treasurer’s Report, Dorothy C.:

We are happy to report that Bob C. is being trained by Dorothy C. to take over as Treasurer. Meanwhile, we have decided to divide up the functions of Treasurer so no one person has to do it all. Ergo, if you’re pining away because you missed out on volunteering to be treasurer, you have another shot. For more information, contact Treasurer@oregon-oa.org.

Meanwhile, Dorothy C. reports that our finances are stable and the accounts balance. If you’d like to purview her masterful spreadsheets, contact her at the above email. She also informed us that we renewed our disability insurance for 2022.

Speaking of which, for those meetings out there that haven’t officially registered to be part of our Intergroup, BE AWARE that you are currently not covered under our liability insurance. If a member trips and hurts themselves on your watch, you’ve got a problem. This risk extends to groups that disbanded during Covid and have resumed meeting but have not re-registered with us. By officially letting us know you exist, your group is not only covered for mishaps, you are also included in our local and the national OA website directory. This allows others to find you and attend your sessions. It also allows you to have a voting representative attend our monthly Intergroup sessions AND get the most current updates on Oregon Intergroup activities and events. For more info on registering, contact Pat O’C. at chair@oregon-oa.org.

Serenity Retreat, Jenice G., Chair:

At the time of our Intergroup meeting, sixty people had registered! Subsidies still are available for first timers, which means you could have 2 ½ days of fellowship, great food and strolls on the beach for as little as \$50 total! What are you waiting for???

On a serious note, the retreat team presented recommendations about how to handle the issue of Covid concerns during the retreat. After discussion, group conscience approved the following guidelines for attendees:

- We recommend everyone be fully vaccinated.
- We recommend masks be worn indoors (except when eating or drinking or in the cabins overnight).
- All attendees will test for COVID on the day they are arriving and only come if they test negative (a home test is fine.)
- Anyone testing positive for Covid within 10 days or less of Sept 9 should not come.
- Anyone having symptoms suggestive of Covid or not feeling well, should not attend.
- Anyone needing to cancel due to illness will receive a full refund if they notify the registrar.

Since OA is a group that depends on membership honesty, no one will be checking your vaccination card or taking your temperature. This is all on the honor system.

For those concerned about sleeping in cabins with multiple bunk beds, do be aware that you can book a hotel or motel nearby and attend the retreat at a reduced fee.

Since nobody can predict if that nasty Omicron virus will make an unwelcome appearance, do be aware that our registrar has a roster of all who will be attending. Anonymity, of course, will be preserved but you will be notified if you've been exposed.

We've had requests for ride-sharing, which leads us logically to now ask someone to please volunteer to become our Ride Coordinator. This service position will relieve your guilty conscience if you haven't done any service lately, while only requiring a few weeks of time prior to the retreat. If interested, please contact Jenice G at SerenityRetreat@oregon-oa.org or Pat at Chair@oregon-oa.org.

Odds are good we'll be having a clothing exchange, which means it's time to start rifling through your closets. This is a great opportunity to clear out the outfits you ordered online during Covid that didn't fit and, whoops, you didn't remember to return in time to get a refund. OR... if you used Covid to really focus on the 12 steps and now have outfits that no longer fit, this is a great way to get them out of your closet once and for all. Of course, if you were one who added pounds during Covid, this is a chance to get something that isn't digging away at your waistline.

New Business:

The 7 pm Milwaukie OA Friends meeting on Monday nights has gone hybrid. So far, it's working okay. If you would like to attend in person, the address is Clackamas Park Friends Church: 8120 SE Thiessen Rd., Portland, OR 97267.

As many of you know, our beloved LIFELINE is no longer being published. BUT, previous articles from it are now available online at oalifeline.org. In addition, LIFELINE will soon be available as a blog that will be available month to month. In fact, OA will shortly be offering creative workshops to create articles for this new publication. Time to put on your creative hats.

Closing Prayer

MEMBERS IN ATTENDANCE:

Board: Pat O'C., Chair; Rosanne K., Co-Chair and Delegate; Dorothy C., Interim Treasurer; Carolyn S., Secretary; Christine U., Events Coordinator, Bob C, Treasurer

Trusted Service Positions: Michelle O., Newsletter Editor and Delegate; Jenice G., Chair - Serenity Retreat; Niik I., Webmaster; Sara L. Asst. Webmaster

Delegates: Rosanne K., Michelle O.

Reps: Pat , 10 am First Sat. Speakers Mtg., Freedom Friday, Welcome Home and End of the Oregon Trail; Christine U., Tuesday Salem, Events; Jenice G., Mon. Night Milwauki, Tues. night, Canby Recovery and Thursday End of the Oregon Trail; Rosanne K., Mon. Night Newburg; Dorothy C., Monday Noon, Beaverton, Welcome Home Meeting & Wednesday Noon Taste of Lifeline; Pat O'C, Newcomers Meeting; Niik I., 10:30 Serenity Sunday; Elizabeth B., Sat. 9am Virtual, Freedom from Compulsive Eating; Kym L., Newcomers and Speakers Meetings; Mary Kay, Sat., Sun., and Monday 8 am Meetings; Diane B., Long Beach Virtual; Yolanda, First Time Attendee; Beverly M., LONG time OA member, with many leadership positions