

6-8-22 Oregon Intergroup (OIG) Minutes: Approved

7:00 PM **Opening:** Serenity Prayer, Steps, Traditions. 18 in attendance (see bottom of report for names, positions and meetings present).

Chair and Attendee Welcome

Review of Minutes from 4-13-22 Intergroup meeting – Approved with edits.

Treasurer's Report: We adore her, she's been an incredibly faithful servant, but we NEED TO FIRE DOROTHY C. as our Treasurer. OA guidelines mandate that a person can only hold a service position for two years in a row. Dorothy's beyond that, by a lot. If you know how to create a spreadsheet or you have a sponsee who does and has yet to make that important leap into providing service, now's the time to stand up and be counted. Work requirements monthly should tote up to two hours.

In the interim, if you wish to see our monthly treasurer's spreadsheet, contact Dorothy at ViceTreasurer@oregon-oa.org. Bottom line... Everything balances. We are good.

Serenity Retreat: We now have RSVPs for 23 for our real live, in-person Serenity Retreat September 9, 10 and 11th. Folks, it's happening. In anticipation, we have locked down a retreat leader who will share her thoughts on spiritual principals and how they have applied to her life (and probably yours). Because of our 2021 budget surplus, we are able to offer significant reductions in retreat prices to those who have never gone before, or have limited budgets. The retreat will offer 2 days of beautiful ocean views at Camp Twin Rocks, inspiring sessions and lots of safe, sane meals. If the virus is still an issue, we will meet outside and enjoy the sun and surf. Actually, we can meet outside even if the virus is past tense. There are a total of 45 lower bunks and 42 uppers, so RSVP fast if you want one. Sleep accommodations are cabin style, with about six people per room. If your virus meter starts sounding at the thought of snoozing with folks you don't know, no problem. Stay at one of the hotels or vacation rentals nearby and show for our sessions (at a reduced price). Reservations are now available at <https://oregon-oa.org/events>.

Meeting Support: Pat O'C., our noble chair, confessed that she had gone a bit too far in promising seed money for groups returning to face-to-face. She had said Intergroup could help by providing \$50 in start-up costs for room rentals and another \$30 for basic literature. This is what we've provided in the past for new groups, but not existing ones. OIG rules require us to approve expanding it now to support established groups that are returning to face-to-face meetings. So discussion was held, we voted and it pretty much boiled down to being precisely what Pat had already proposed. However, instead of a \$50/\$30 split, the entire amount can be applied for either room or literature or whatever else the group needs to get going again. We also clarified that this is a one-time only offer per group. In addition, we ask all groups considering this funding to think of it as a rotating fund. Once they are on their feet, we hope they will please reimburse the funds to Intergroup so we can provide it to other start-up groups. For more information, please contact Pat O'C at chair@oregon-oa.org.

Because our group reps are no longer meeting in person for our monthly Intergroup session, we are also not printing out monthly copies of our OIG minutes, event flyers etc. that can be taken back to share with our OA groups. Therefore, we encourage each meeting to have someone download such materials and share them with your group members.

OA “Yard” Sale: Since Intergroup is also no longer in the business of disbursing OA literature to groups, we are liquidating our current stock of books, pamphlets, coins and other materials. We are doing this at a “Yard” Sale June 18th, from 10 am to 2 pm. The location is the parking lot of the St. Philip Neri Paulist Center at 2408 SE 16th Ave., Portland, OR 97214.

OA Pens: Dorothy C. has been generously paying for the postage to send out pens to our members. However, she’s going to have to stop doing this because, at \$4.50 for each mailing, it’s getting too expensive for her to cover. If you want some pens, please contact Dorothy at treasurer-oa-org, but do prepare to cover the costs of postage. For those who do not know, the pens are free. The goal is to get them scattered everywhere you think there are people who need our help. By the way, we will have an ample supply to distribute at our Serenity Retreat.

Events: Christine U., Head of Events, wants to know if we would be interested in an Event on the Biggest Mistakes and Successes on Hybrid Formats. Please email if you or others in your group would like to participate. You can reach her at events@oregon-oa.org.

New Business:

Does the idea of free trips to exotic places ring your bells? Do you aspire to be an OA big-wig? Well, now’s the time to start making that happen. July is the annual month in which we take nominations for new officers for Intergroup. In order to be included in the regional, national and international events OA holds, you need to first have a certain number of years of service beyond the group rep level. That starts with Intergroup positions. This isn’t an idle offer. One of our previous chairs was sent to Australia on our behalf a few years ago. So, attend our next Intergroup Zoom session July 13th and volunteer to take on one of our OIG service positions. By the way, that includes helping dear Dorothy by offering to be our next Treasurer.

Group updates:

Kym L. reports that they had 18 attendees at this month’s Zoom Speaker Meeting this month. Sadly, the Thursday phone meeting has folded but the other two phone meetings continue.

Jenice G. reports that the Monday Night Milwauki voted to try out a hybrid format for one month, starting July 11th. She also learned that it’s good to have a BlueTooth microphone for the live part of a hybrid meeting. The microphone can be passed around the people who are present so they can be heard best by the Zoom attendees.

Christy B. from 7 pm New Beginnings in Vancouver said their group is staying on Zoom. Currently, about 1/3rd of their regular attendees are from out of the area!

Cara M. from the 10am In Person Speaker meeting related they are having problems getting speakers. If you are interested in speaking to their group, let Cara know. The meeting is

currently smaller than usual, so attendees can spread out and maintain Covid safe distances if desired.

Diane B. reports that the Long Beach meeting is staying on Zoom. They would love a list of speakers. Also wanted a list of sponsors. They were informed that the sponsors list is accessible by going to <https://oregon-oa.org>. On the top is a link to the current sponsor list.

Jean H. reported that the 10 am Saturday in the Orchards/Vancouver meeting is doing wonderfully with face-to-face meetings

MaryKay B. from the 7am In the Solution groups said they are also doing well with in person meetings.

Rosanne K reported that the Monday Night Newberg meeting has 3 people attending from outside the immediate Portland area. They are Zooming in from Montana, Beaverton and British Columbia. In fact, they only have 2 local attendees. They get visitors from other places so are going to continue online.

Elizabeth B. from the Saturday Freedom From Compulsive Eating has an average of 10 - 12 people coming. They are still able to find speakers on most occasions. If they can't get a speaker, they read from the Big Book.

Closing Prayer

MEMBERS IN ATTENDANCE:

Board: Pat O'C., Chair; Rosanne K., Co-Chair and Delegate; Dorothy C., Interim Treasurer; Carolyn S., Secretary; Christine U., Events Coordinator

Trusted Service Positions: Michelle O., Newsletter Editor and Delegate; Jenice G., Chair - Serenity Retreat; Niik I., Webmaster

Delegates: Rosanne K., Michelle O.

Reps: Pat , 10 am First Sat. Speakers Mtg., Freedom Friday, Welcome Home and End of the Oregon Trail; Kym, Zoom Speaker Mtg.; Christine U., Tuesday Salem, Events; Christy B., Monday 7 pm New Beginnings, Vancouver; Jenice G., Mon. Night Milwauki, Tues. night, Canby Recovery and Thursday End of the Oregon Trail; Connie C., Mon. Noon Step-Writing; Jean H., 10 am Saturday in the Orchards, Vancouver Mtg.; Rosanne K., Mon. Night Newburg; Dorothy C., Monday Noon, Beaverton, Welcome Home Meeting & Wednesday Noon Taste of Lifeline; Pat O'C, Newcomers Meeting; Nancele, Friday 10:30 am; Cara M.. Sat 10 am In-Person Speaker meeting; Diane B., Long Beach;, MaryKay B., 7am In The Solution groups; Niik I., 10:30 Serenity Sunday; Elizabeth A., Sat 9am Virtual Freedom fm Compulsive Overeating Speaker mtg