

4-13-22 Preliminary Oregon Intergroup (OIG) Minutes

7:00 PM **Opening:** Serenity Prayer, Steps, Traditions. 18 in attendance (see bottom of report for names, positions and meetings present)

Chair and Attendee Welcome, Introductions and Meeting Rep Reports:

Attendees introduced themselves and shared updates about their groups.

Review of Minutes from 3-9-22 Intergroup meeting – Approved.

Treasurer's Report: Jean remains the functioning treasurer at this time. However, personal demands are such that she needs someone to replace her. Once trained, this service requires about two hours per month to complete. We urge sponsors to recommend this service to your sponsees. Please contact Jean H. treasurer@oregon-oa.org or Dorothy C. vicetreasurer@oregon-oa.org for more information

***** Serenity Retreat: NOTE: READ THE FOLLOWING CAREFULLY... THERE'S LOTS HERE THAT IS VERY NEW AND BEYOND YOUR WILDEST DREAMS...*****

Dorothy C. reported that there are now seven (7!) people who have volunteered to be on the Serenity Retreat committee at Twin Rocks. In other words, unless another virus forces us back into our homes, this event is ON!

We still have \$5,000 in excess funds for 2021 to spend. After considering our options, we have decided to use this money to help fund our Serenity Retreat in September. As many of you know, our retreat has been compromised in the previous two years by Covid. We now have many new members who have only attended Zoom meetings, some are even outside of the Portland area. All of them and us would benefit by meeting face-to-face in a beautiful, serene beach setting (with lots of meeting space outside if needed). Therefore, our goal is to get as many people as we can in the flesh to the retreat this year. To do this, we are using our surplus to subsidize the costs for the weekend for those members who have had their budgets compromised by Covid, or just life.

Right now, full price is \$182 for 2 ½ days of hope and inspiration on the shores of the Pacific Ocean. But we can afford to help those who can't afford that amount of their own. To do so, we are creating a tiered pricing approach to the weekend. Although the numbers aren't finalized yet, the idea is to let people decide how much they can afford to attend. The options are (approximately) \$100, \$150 or \$182. If you say you can afford \$100, that's what you pay. If you can afford more, then that's great. You decide and we will accept your decision. It's the honor system... no extra paperwork required.

When you factor in that most local meetings chip in \$50 per person in scholarships to help their members attend our annual serenity retreat, a member could end up paying only \$50 for an entire weekend on the beach at beautiful Twin Rocks. Conversely, if you are blessed and can afford more than \$182, you are welcome to chip in and help us out. Whatever you choose, you get room, healthy food and 2 ½ days of meetings and fun events from Friday evening to Sunday mid-day the weekend after Labor Day.

Twin Rocks can house up to 88 people which means there will be a limitation on how many can attend. If this retreat interests you, be on the look-out to make your RSVP as soon via Google Groups sends out a notice that it's sign-up time. And yes, if you live near, there will be a discounted commuter price if you don't need a room at night.

Sadly, Twin Peaks does not have the facilities to allow us to make this a hybrid event. However, we will be recording our sessions and, as always, these recordings will be available to those who cannot attend. But... if you can make it, attend!

Google Groups:

For those who want to get notices about the up-coming Retreat or anything else, do be aware that our major method of communicating with you is through Google Groups. At our latest Intergroup meeting, a rep commented that she hadn't received all our pre-Intergroup meeting notices and reports. This is probably because she's not enrolled yet in Google Groups, which has an easy fix. If you also aren't receiving all our notices, please contact Pat O'C at chair@oregon-oa.com to enroll in Google Groups. For those who aren't sure if you're on Google Groups, be aware that the following notices should come to you monthly just prior to our Intergroup Meeting: Treasurer's Report, the OIG Meeting Agenda, our previous month's Preliminary Minutes and Monthly Reports from our service people. We also send out at least one reminder about the up-coming Intergroup meeting to all members and also send out timely news as needed. If you're not getting these emails, you're not on Google Groups and need to sign up. If you have been listed previously, but have changed your email address, DO let Pat know so she can update our system.

FYI, one of the privacy filters in Google Groups is such that, if we send an email to the wrong address, it won't bounce back to us. The only way we know that you're no longer at that address is if you contact us and update your information. So, please, contact us.

Cindy J. is also the person who can help you get a sponsor if you need one, or become a sponsor if you want to share your recovery.

Important Meeting Updates

Meetings are slowly making decisions now about whether or not to return to face-to-face events, stay on Zoom or function as a hybrid. If your meeting has made a switch from one method to another, PLEASE let us know so that we can update the meeting contact information on our Website. Otherwise, your current and future members may not be able to find you. This is especially true if you're been Zooming it and are now splitting into two meetings, one on Zoom and the other going face-to-face. OA will need to generate new numbers for one of your meetings so that your members can find you. There will be a *meeting update form link* on our website to allow you to let both webmaster and zoom coordinator know what's happening for your meeting.

OA "Yard" Sale: Since our monthly Intergroup Meetings are going permanently online, there is no viable way to distribute the OA literature we previously sold at our monthly in-person OIG meetings. Currently, we have a stock of books, pamphlets, coins and various office equipment that we need to

liquidate. They will be sold at a discount to whomever shows up to purchase at our "OA "Yard" Sale". We are considering offering people new to OA a free pick of books as an outreach opportunity. The date has been set at June 18th, the location is the parking lot of the St. Philip Neri Paulist Center at 2408 SE 16th Ave., Portland, OR 97214. Volunteers to set up and publicize the event are WELCOME. Pray for good weather.

At that event, we will also be distributing free to all who show some of the 3000 OA promotional pens we purchased with some of last year's surplus. Come, grab a fistful of pens and leave them anywhere you think people who need our help will find them.

World Service Business Conference (WSBC): The WSB Virtual Conference dates are April 22 - 30. Michelle O. was approved as our second delegate. She will join Rosanne K at the nine day virtual event.

NEW BUSINESS:

Financial Aid for new meetings: If your group has decided to go face-to-face and needs some financial aid to rent a space and purchase new literature, let us know. Oregon OA offers seed money for new meetings of up to \$50 for start-up rental costs and \$30 for literature. If possible, we'd appreciate it if you'd reimburse us when you can, so these funds are available for future new meetings. FYI, we are in the process of creating a request form that your group can fill out for financial assistance via our website. However, till it's completed, please contact Niik at webmaster@oregon-oa.org for financial assistance for new groups.

Seeking candidates to be our OIG Co-chair: Rosanne K., our current co-chair, is heading into the end of her two year term of office. It will be time to replace her come this July, which means we need to start thinking about someone who can take over this board position. The Co-chair job is back-up for our chair. Rosanne promises that she will train her replacement but she also believes it is truly a position you can learn on the job. However, to be considered, you must have nine months or more of abstinence.

Closing Prayer

MEMBERS IN ATTENDANCE:

Board: Pat O'C., Chair; Rosanne K., Co-Chair; Jean H., Associate Treasurer; Dorothy C., Treasurer Coach; Carolyn S., Secretary, Christine U., Events Coordinator

Trusted Service Positions: Michelle O., Newsletter Editor; Kym L., New Members Meeting; Carolyn C., Retreat Committee; Niik, Webmaster; Cindy J., Sponsor List

Delegates: Rosanne K., Michelle O.

Reps: Kym L., First Sat. Speakers Mtg. and Sun. Anorexic/Bulimic Mtg.; Christy B., Monday New Beginnings, Vancouver; Jenice G., Mon. night, Canby Recovery, Speakers Meeting and Thursday End of the Oregon Trail; Connie C., Mon. & Wed. St. Paul's and Cezar Chavez; Elizabeth B., Sat. & Sun. Freedom from Compulsive Overeating; Jean H., Temporary Rep. for

10 am Saturday in the Orchards, Vancouver Mtg.; Mary Kay, Sat. 7 am In the Solution; Rosanne K., Mon. Night Newburg; Dorothy C., Noon, Beaverton, Welcome Home Meeting & Wednesday Noon Taste of Lifeline; Pat O'C, Newcomers Meeting, Christine U, Tuesday Salem; Lisa D., Beaverton 10 am Friday.

Other Attendee: Carolyn C.