

1-12-22 Oregon Intergroup (OIG) Minutes Approved

7:00 PM **Opening:** Serenity Prayer, Steps, Traditions. 18 in attendance (see bottom of report for names and positions present)

Chair and Attendee Welcome, Introductions and Meeting Rep Reports:

Each member introduced themselves and their positions. Multiple meeting reps and people with service positions shared various issues, challenges and ideas with the group.

This month, a number of people had the same complaint...“bombers” were continuing to get into their virtual meetings and causing trouble. Phyllis H, our Zoom License Coordinator, has created instructions that will help groups who are having this problem. You can reach Phyllis for these files at OIGzoom1@oregon-oa.com.

In addition, several reps offered new ideas and warnings about handling bombers. They included:

1. Jenice, Canby Recovering: Only allow co-hosts to receive and respond to chats.
2. Dorothy C., Welcome Home: Their virtual meeting has three regular members to co-host; one to handle the meeting, the second to man the waiting room, the third for back-up if one of the other hosts cannot attend. In addition, Dorothy warned us to be on the look-out for a bomber named Robert.
3. Christy B.: Vancouver, New Beginnings: Be on the look-out for a bomber named of Adrian Hunter. (NOTE: If you can get a name of a bomber, please report it to Carolyn at secretary@oregon-oa.org).

Other rep reports included:

Christy B., Vancouver, New Beginnings: They are discussing face-to-face meetings combined with virtual.

Elizabeth B, Freedom from Compulsive Overeating: They needed help creating a virtual phone list. It was suggested they put the phone list on Google Drive and allow one person to have permission to edit it. The meeting host can also ask members to put their phone and email address in Chat during virtual meetings. At the end of the session, the host can hit the triple dots (...) at the end of chats, which will save the chats. However, this has to be done on a regular computer, not iPad or iPhone. Another option is just to take a picture of the chats section and transcribe from that.

Jean H., Temporary Rep for Sat. am Vancouver Meeting: They have continued having in-person meetings all along. These have been in or outdoors depending on circumstances. Right now, they are in-doors. Last week, they had four new people show up (NOTE: let us know

if there's an increase in new members... we're trying to track the success of our bulletin boards and social media campaigns).

Mary Kay, In the Solution meetings: Their Unity Church meetings are also in-person.

Review of Minutes from December 8 meeting – Approved with one addition, which was a tally from Phyllis of the Zoom meetings for December: There were a total of 129 meetings with 1,698 participants.

Monthly Reports from key service members had been distributed on our GoogleGroups. No updates were suggested at the meeting.

Treasurer's Report: Jean H, our Associate Treasurer, provided us with an updated financial spreadsheet (please contact at secretary@oregon-oa.org if you want a copy). In addition, Jean is looking for several volunteers to help her audit our 2021 Budget Expenditures. The process is very simple and probably won't take more than 1 ½ hours to complete. However, Jean also needs a location with adequate parking for when they meet. Volunteers?

World Service Business Conference (WSBC):

Roseanne, our Co-Chair, needs to report the motions we want WSBC to consider at their next conference, which is coming up shortly. Deadline to submit a report for us is late February. Therefore, Roseanne will soon be sending all registered reps a survey on Google Groups. This will contain a survey of possible WSBC motions to discuss with their group members. The reps will then forward to their members a link of that survey so they can indicate their personal opinions. Please encourage your members to participate in this survey. This is our opportunity to trigger change and improve OA.

At this time, the WSB Conference is scheduled to be virtual from April 25 -30. Our Oregon Intergroup can have up to four delegates. Currently, Roseanne is our only approved delegate. If you are interested in putting your name forward to be a delegate, be aware that there are abstinence and service requirements. These can be discussed with Pat O'C at chair@oregon-oa.org or Roseanne at cochair@oregon-oa.org. FYI, this is an important conference since, among other things, they will be determining if future conferences should all be virtual or otherwise.

Update on Billboard Campaign: We have 3 billboards running in greater Portland through the end of this month, and another three, in different locations, running to the end of February. Because of our non-profit status, we may be able to get another billboard for free in Salem. As of this meeting, it was not possible to determine if the billboards are driving people to OA-Oregon or not. **Please** report to Niik or Pat if you see an increase of new people in your meetings. Ask newbies how they found out about us. This is key to our decision to continue our media outreach or not.

Website: Niik suggested we create a Young Members' page, with an attached pamphlet they can click on at no cost. It was also suggested we have a "I need a sponsor" page on the

website with sponsors who are interested in working with particular types of members (anorexics, young people, relapsers, etc.)

Social Media Advertising Plan: Pat has allocated quarterly campaigns around different themes to test the waters at various social media sites (Facebook, Instagram, Twitter and so on). We need to now create a project team to design ads and place ads. If interested, send ideas to Pat. After launching this campaign, we will need a response team to determine if this effort is resulting in more new members.

New Business:

Calling all reps: We have discovered that some of the email addresses we have are incorrect. Since GoogleGroups does not bounce back addresses that are no longer functioning, we have no way of knowing who is and isn't getting our notices. It does explain why some members have complained that they aren't getting any communication from us. Therefore, we ask all reps to please query their meeting members. If they should be on our mailing list but aren't hearing from us, please have them contact Niik at webmaster@oregon-oa.org and give her their current email address.

Region 1 has some money to support their groups. If you have any ideas about how they could help us, please contact Pat O'C or, if you prefer, share your ideas at our next meeting.

Message From Our Chair: If your group currently does not have an Intergroup Rep, please encourage someone to join us for our monthly meeting. All Intergroup meetings are virtual now, so commuting is no problem. This meeting is the second Wednesday of every month, from 7 - 8pm. If you'd like, we have a 15 minutes informal Social Session prior to the meeting and also at the end.

Closing Prayer

MEMBERS IN ATTENDANCE:

Board: Pat O'C., Chair, Rosanne K, Co Chair; Jean H., Associate Treasurer Coach; Dorothy C., Treasurer Coach; Carolyn S., Secretary; Christina U., Events Coordinator,

Trusted Service Positions: Niik I., Webmaster; Michelle, Newsletter Editor; Kym L., Speaker Meeting; Phyllis H., Zoom Coordinator; Jenice G., B'day Fundraiser;

Delegates: Rosanne K, Jan E

Reps: George A., Salem Mon. evening; Kym L., First Sat. Speakers Mtg. and Sun. Anorexic/Bulimic Mtg.; Christy B., Vancouver Mon. New Beginnings; Elizabeth B., Sat. 10 am Freedom from Compulsive Overeating; Jenice, Tues. Canby Recovery; Lisa D., Cozy Comfy; Sarah L., Green Shag Serenity Seekers.; Christina U., Salem Mtg., Connie C., Mon. Noon Step Writing Mtg. and Wed. Literature Mtg.; Jean H., Temporary Rep. for Sat. am Vancouver Mtg., MaryKay, Sat., Sun. and Wed. In the Solution mtg., Rosanne K., Mon. Night Newburg; Dorothy C., Welcome Home Meeting

