

# SERENITY RETREAT 2020



OVEREATERS ANONYMOUS  
**OREGON INTERGROUP**  
UNITY • RECOVERY • SERVICE

## TWIN ROCKS March 13-15, 2020

Take your program to the next level with a weekend of fun and fellowship, creative free time, early-morning activities, and group sessions with a lot of inspiration from a fantastic Retreat Leader. The retreat begins on Friday with registration check ins at 4pm and ends Sunday at 1pm after lunch. Registrants will receive an email with more detailed information about the retreat.

## Prices

Early Bird Rate\* \$166

Regular Rate \$186

Commuter Rate \$136

Private Room\* \$216

**REGISTER ONLINE**

**[Oregon-OA.org/Serenity-Retreat](https://Oregon-OA.org/Serenity-Retreat)**

\*Early bird registration ends February 14, 2020 ; Only 3 private rooms

**To Register Online, visit [Oregon-OA.org/Serenity-Retreat](http://Oregon-OA.org/Serenity-Retreat) ; to register by mail, send this form to OA Serenity Retreat, PO Box 2429, Portland, OR 97208.**

Check out the location and site here: [www.twinrocks.org/facilities/twin-rocks-main-camp/](http://www.twinrocks.org/facilities/twin-rocks-main-camp/)

**\*Please note that no children or pets are allowed at Twin Rocks Retreat Center.\***

Most guests will be in a dorm building (3 floors, no elevator) and the rest in dorm cabins. All rooms have bunk beds and sleep 4-10 people. The large building has a single bathroom on the first floor and common bathrooms on the second and third level. Cabins have a single bathroom. Please note that rooms are assigned.

Scholarship Needed: We encourage you to ask your home meeting for financial support. If they cannot help, you may request a \$50 scholarship from the Oregon Intergroup. Scholarships are first come/first serve. To request a scholarship, email [serenityretreat@oregon-oa.org](mailto:serenityretreat@oregon-oa.org).

Food: Meals are family style in a dining hall. As a standard, we request a no sugar and no white flour meal selection.

**PLEASE READ:** a minimum deposit of \$100.00 is required to register. Early bird rates must be emailed or postmarked by 2/14/2020. **Refunds are only available before 2/28/2020.** To cancel, call Cathy P (Serenity Retreat Registrar) at 503-975-2405 or email your request to [serenityretreat@oregon-oa.org](mailto:serenityretreat@oregon-oa.org). **Payment in full is due 2/28/2020.**

## PLEASE FILL OUT CLEARLY AND COMPLETELY

Full Name (PRINT CLEARLY)

Phone

Email (PRINT CLEARLY)

Special Dietary Needs

Roommates

- |  |   |
|--|---|
| <input type="checkbox"/> Quiet, early-to-bed room                        | <input type="checkbox"/> I can only do _____ stairs                           |
| <input type="checkbox"/> Night Owl / Up late, sleep late                 | <input type="checkbox"/> Need to be close to main rooms (walking limitations) |
| <input type="checkbox"/> I snore/am okay with others snoring/CPAP noises | <input type="checkbox"/> Other needs:   |
| <input type="checkbox"/> Lower bunk needed (medical reason assumed)      |   |

### PLEAS NOTE:

**If you require any accommodation, you must tell us or we may not be able to address your needs. All special needs/roommate requests are organized on a first come/first serve basis. It is in your best interest to register early. If you have special needs and register late, we cannot guarantee accommodations.**

**\*CANCELLATIONS AFTER 2/28 CANNOT BE REFUNDED\***

Confirmation sent by email (or phone if no email)

What	Choose	Price
Early Bird registration by Feb 14, 2020		\$166
Regular registration after Feb 14, 2020		\$186
Commuter with meals only (RV) <sup>1</sup>		\$136
Single or couples room extra cost <sup>2</sup>		\$50
<b>FULL REGISTRATION AMOUNT:</b>	\$	
Donation for Scholarship Fund	\$	
Total Payment Enclosed <sup>3</sup>	\$	
<b>REMAINDER DUE BY 2/28/2020</b>	\$	

1. limited to 6 RV spots; 2. You must call and confirm a single room is available; 3. Or clearly write out your PayPal transaction number