

Per Person * (circle choice)	US	CDN
Best Value Rate Thru August 31, 2019 - Includes registration and Saturday banquet**	\$145	\$194
Registration after August 31 Includes banquet**	\$165	\$220
Registration Only: Fri-Sun (no banquet)	\$125	\$167
Friday Speaker (Only)	\$25	\$33
Saturday Sessions & Speaker (no banquet)	\$85	\$113
Sunday Speaker (Only)	\$25	\$33
Banquet only-per person*	\$45	\$60
Number of guests _____ Total =	\$ _____	\$ _____
Scholarship donation to help another (optional)	\$ _____	\$ _____
Total funds enclosed: Make payable to: Region One Convention	\$ _____	\$ _____

*By registering, I acknowledge that Convention sessions are recorded and audio may be posted on the Region One website. I understand that if I choose to share at any session, my voice may be part of that recording.

**Purchase of banquet (buffet) helps Region 1 meet food & beverage minimums and reduces overall costs.

For financial assistance or scholarship, to change or cancel, or if you need a roommate, contact the registrar, Dorothy, at (503) 520 1855 or at registration@oaregion1.org.

No refunds after **September 30, 2019**. After this date, contact the registrar. Registrations are transferrable or can be donated to the scholarship fund.

Confirmations are sent via email or by mail if a self-addressed, stamped envelope is included with registration.

REGISTER ONLINE:

www.oaregion1.org

OR MAIL REGISTRATION & PAYMENT TO:

Region 1 Convention
c/o Dorothy C.
16534 SW Matador Ln
Tigard, OR 97224

Make check or money order payable to:
Region One Convention

To receive **Best Value Rate**, registration must be postmarked or completed online by **August 31, 2019**.

Please, print legibly! Thank you.

Name _____

Address _____

City _____

State/Province _____

Zip/PC _____

Email _____

Phone _____

Emergency contact & phone # _____

Service Opportunities

Registration	Ways & Means (Store)
Greeter	Session Intro & Timing
Speaker**	Audio Recording Helper

Session speakers must have at least **1 year of continuous abstinence.

**Preferred Topics _____

Region One Convention



Overeaters Anonymous

October 18 – 20, 2019

Portland, Oregon

www.oaregion1.org

Monarch Hotel & Convention Center
12566 SE 93rd AV, Clackamas, OR, 97015



Convention Schedule

(subject to change)

Friday, October 18, 2019

2:00 - 6:45pm	Registration
2:00 - 6:45pm	Boutique open
7:00pm	Grand Opening & Keynote Speaker
9:00pm	OA Social

Saturday, October 19, 2019

7:00 - 8:45am	Early morning events
8:00 - 9:30am	Registration
9:00am	Morning sessions begin
11:50am	Lunch & free time,
1:30pm	Afternoon sessions begin
4:30pm	Break
6:00pm	Banquet (buffet style) & Keynote Speaker
8:30pm	Entertainment

Sunday, October 20, 2019

9:00am	Keynote Speaker, Basket and quilt raffles, Closing ceremonies
12:00pm	Convention Ends

www.oaregion1.org



Hotel Reservations

Monarch Hotel & Conference Center 12566 SE 93rd Avenue Clackamas, OR 97015

(800) 492-8700

www.monarchhotel.cc

Hotel is located next to I-205 at the Sunnyside Rd / Sunnybrook Blvd exits.

Room Rate:

\$129 USD per night for 1-4 people
(plus 7.8% taxes)

This rate is available Oct. 13th - 22nd

Reservations:

Room rate discounts are available through September 25, 2019. However, these rooms can sell out. Don't wait to reserve your room!

Reserve by phone and request:

Region One OA group discount – OAR1
(800) 492-8700 (toll free)
(503) 652-1515 (direct)

OR:

Reserve online and use:

Online group code: OAR1
>> www.monarchhotel.cc

OA Region One Convention
October 18-20, 2019

Convention Hotel

Check-in: 3:00pm
Check-out: 11:00am

SITE AMENITIES

- 20 minutes from downtown Portland
- Free on-site parking
- Complimentary airport shuttle
- ½ mile to MAX Light Rail Green Line
- Free area transportation—1-mile radius – 2 malls & many restaurants close by
- Onsite restaurant and coffee bar
- Fitness center nearby, discounted cost
- 20-mile jogging / biking path
- Lobby business center
- Free Wi-Fi throughout the hotel
- 4 ADA Rooms w/ one queen bed each

ALL HOTEL ROOMS INCLUDE:

- Refrigerator - but NO microwave
- 32" HDTV, Cable TV
- Work desk & chair
- Alarm clock/radio
- Data ports
- Iron & ironing board, hair dryer

Staying at the convention hotel and fulfilling room block minimums helps Region One qualify for reduced meeting room rates.

