



Oregon Intergroup Meeting Directory November 2018 – January 2019

Send updates / additions to meetinglist@oregon-aa.org

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| | <p>Oregon Area Information Line: 971 317-6343 <i>(landline, no texts)</i></p> | <p>For Oregon OA events visit http://oregon-aa.org/event_calendar/</p> |
| | | <p>Join an email group to receive and share daily reflections to strengthen your program.</p> |
| | | <p>To join <i>For Today</i> OA book writing group please contact Cherish at: 2cherish@comcast.net or 503 453-0212</p> |
| | | <p>To join <i>Voices of Recovery</i> OA book writing group please contact Cherish at: 2cherish@comcast.net or 503 453-0212</p> |

ALL MEETINGS ARE 1 HOUR UNLESS NOTED; ALL MEETINGS ARE NON-SMOKING. If you are attending a meeting for the first time or if you have questions about a meeting, such as where in the building to go or whether the group meets on holidays, we suggest that you call the contact person.

| DAY/TIME | CITY | LOCATION | CONTACT | DELEGATE | CODES/TOPIC | MTG# |
|---------------|---------------|--|----------------------------|-------------------------|--|-------|
| Sunday | | | | | | |
| 7:00 AM | Portland SE | Unity of Portland, 4525 SE Stark St, 97215; in basement, left of stairs | Joan 503 913-4817 | TBD | D, H, NP, holidays, RR-RP-1 st Sun | 23753 |
| 10:30 AM | Portland NW | Alano Club (SE Room) 909 NW 24 th Ave, @ Kearney, 97210 **** Not handicap accessible **** | Cleo 707 591-3852 | Margie 503 807-0201 | 1-¼ hr. | 38550 |
| 1:00 PM | Seaside | Suzanne Elise Assisted Living, 101 Forest Drive, Rm. Library NEW MEETING | Melody 503 468-9818 | TBD | 1-¼ hr., H, V | 56539 |
| 7:00 PM | Portland SW | St. Vincent Hospital, 9205 SW Barnes Road; Room 3 on 2 nd floor near cafeteria Call in: 515 739-1458; Enter Pin 781502 | Kym 503 544-5955 | Kym 503 544-5955 | Anorexia / Bulimia Focused | 54433 |
| Monday | | | | | | |
| 12:00 PM | Beaverton | Bethel UCC, library, 5150 SW Watson Ave @ 6 th St, 97005 | Penelope 503 644-7671 3 | Kym 503 544-5955 | V, H, Brn Bag, NP RR-RP-4 th Monday | 22065 |
| 12:00 PM | Portland SE | St. Paul Lutheran Church, 3880 SE Brooklyn St @ SE Cesar Chavez Blvd, 97202 | Emerald 503 231-0350 | Margie 503 807-0201 | Writing-SS | 06652 |
| 12:30 PM | Forest Grove | St. Anthony Catholic Church, Parish Hall, 1660 Elm St @ 17 th , 97116 | Jean 503 913-5434 | Rosanne 503 828-4693 | V, H | 19903 |
| 5:30 PM | Tillamook | Tillamook Hospital, 1000 3 rd St, 97141; 3 rd floor Room D | Sylvia 503 812-0838 | TBD | V, H | 25939 |
| 5:30 PM | Salem | First Christian Church, 685 Marion St @ Cottage, 97301 | Virginia 503 868-7144 | Jan E. 971 338-1275 | SS, H, NC, | 26872 |
| 5:30 PM | Longview, WA | The 1414 Club Fellowship & Unity, 1414 12 th Ave, 98122 | Char 360 487-7020 | TBD | | |
| 6:30 PM | Hillsboro | All Saints Episcopal, 372 NE Lincoln St, 97124; Entrance is on the west side of the church Guild/Library Room; 1 st door on the right | Kathy C. 503 640-2545 | Rosanne 503 828-4693 | 1-¼ hr., Book/Spkr, NP | 22923 |
| 7:00 PM | Milwaukie | Clackamas Park Friends Church, Fellowship Hall, 8120 SE Thiessen Rd, 97267 | Margaret 503 757-1943 | Jan E. 971 338-1275 | V, H, NP | 18333 |
| 7:00 PM | Portland NE | Bethany Lutheran, 4330 NE 37 Ave @ Skidmore, 97211 | MerleAnn 503 281-8947 | Rosanne 503 828-4693 | H | 16216 |
| 7:00 PM | Vancouver, WA | St Luke's Episcopal 426 E 4 th Plain Blvd, 98663, parking lot entrance, 1 st left off "F" St, upstairs Library | Sandi 360 910-9652 | Kym 503-544-5955 | IC, YP, LS RR-RP-1 st Monday | 11259 |
| 7:30 PM | Newberg | First Presbyterian Church, 501 Mission Dr., 97132 New meeting location starting 10/22/18 | Margie 503 807-0201 | Margie 503 807-0201 | V, H | 56116 |

| DAY/TIME | CITY | LOCATION | CONTACT | DELEGATE | CODES/Topic | MTG# |
|--|------------------|---|---------------------------|--------------------------|--|-------|
| Tuesday | | | | | | |
| 10:00 AM | Beaverton | United Methodist Church, 12555 SW 4 th St, 97005 4 th St and Watson Ave; Mtg. location change 9/4/18 | Nancele 971 303-4636 | Rosanne 503 828-4693 | IC, FT, H RR-RP-1 st Tuesday | 33814 |
| 10:00 AM | Canby | Smyrna Church, 31119 S Hwy 170, 97013 call in option 712-451-0748 access code: 14308# | Jenice 503 705-5599 | Jan E. 971 338-1275 | 1-¼ hr., H, NC, NP | 45836 |
| 12:00 PM | Dallas | Dallas Evangelical Church, 783 SW Church St., 97338 Church and Mill, entrance on Church St. meeting downstairs ****Not handicap accessible**** | Dee Ann 971 718-6444 | Jan E. 971 338-1275 | | 54472 |
| 12:00 PM | Tillamook | Tillamook Serenity Club, 5012 3 rd St., 97141; Mtg. room downstairs *Not handicap accessible* | Joy 503 812-9658 | TBD | V | 56524 |
| 5:30 PM | Hood River | Immanuel Lutheran, 305 9 th St, @ Sherman, 97031 | Liz 541 490-3819 | TBD | V | 39448 |
| 6:15 PM | Hillsboro | Westside Kaiser Medical Center, 2875 NW Stucki Ave, 97124; 4 th floor, Mt. Hood Room | Janet C. 503 747-5759 | TBD | Literature, D, H, Sharing, NC, NP | 53364 |
| 7:00 PM | Corvallis | Corvallis Seventh Day Adventist Church 3160 SW Western Blvd, 97333, Fellowship Hall | Larisa 832-941-2181 | TBD | 45 min. A Vision For You format | 56554 |
| 7:00 PM | McMinnville | First Baptist Church, 125 SE Cowsls St. 97128, use First St entrance (handicapped entrance in rear) | Marna 971 267-0058 | TBD | discussion/topic, H | 52986 |
| 7:30 PM | Salem | Salem Hospital Building D, 939 Oak St. 97301, Community Health Educ. Cntr Group Support Rm | Pat I. 503 569-5403 | Jan E. 971 338-1275 | | 00236 |
| Wednesday | | | | | | |
| 10:30 AM | Gresham | St. Henry Church School, Room 7, 346 NW 1 st St, 97030; at school, only door is at East parking lot | Margie 253 222-5654 | Rosanne 503 828-4693 | 1-¼ hr., NC, NP, V H, YP | 07901 |
| 12:00 PM | Lake Oswego | United Church of Christ, 1111 SW Country Club Rd @ Knaus Rd, 97034 | Esther 503 427-2734 | Jan E. 971 338-1275 | LS, V, H | 33618 |
| 1:00 PM | Portland SE | St. Paul Lutheran Church; 3880 SE Brooklyn St, @ SE Cesar Chavez Blvd, 97202 | Suzanne 716 983-5313 | Margie 503 807-0201 | LS, D | 53019 |
| 6:30 PM | Portland SE | St Ignatius Church, 3400 SE 43 rd (1 block north of Powell), Parish office white/red brick building | Cathy P. 503 975-2405 | Kym 503 544-5955 | 1-¼ hr., SS, LS, Spkr, NP | 51751 |
| 6:30 PM | Beaverton | United Methodist Church, 12555 SW 4 th St, 97005 4 th St and Watson Ave; Room 104 Mtg. location change 9/5/18 | Marge 971 227-8914 | TBD | 1 hr. Back to Basics B2B BB Meeting | |
| 7:00 PM 2 nd Wed Only | Portland SW | Oregon Intergroup Business Meeting Girl Scout Building, 9620 SW Barbur Blvd 97219 ****Second Wednesday Only**** | OIG Board & Delegates | OIG Board & Delegates | Business Meeting; Meeting reps & all members welcome | 09043 |
| 7:15 PM | Portland SW | St Barnabas Episcopal Church, 2201 SW Vermont St. 97219, Lower level of church building. Church Offices. Red door. Room 1 | Amelia 503 970-3926 | TBD | NP, V | 38889 |
| 7:30 PM | Molalla | Molalla United Methodist Church. 111 Mathias Rd. @ Main, 97038 | Loriann 503 704-8571 | Jan E. 971 338-1275 | 1-½ hr., LS, D | 54553 |
| Thursday | | | | | | |
| 10:00 AM | Beaverton | United Methodist Church, 12555 SW 4 th St, 97005 4 th St and Watson Ave; Mtg. location change 9/6/18 | Nancele 971 303-4636 | Rosanne 503 828-4693 | IC, SS, H | 41103 |
| 11:00 AM | Gresham | Metro Church of Christ 1525 NW Division St, @ Wallula Ave, 97030 | Laneta 503 539-4799 | Rosanne 503 828-4693 | 1-½ hr. | 54125 |
| 11:45 AM | Seaview, WA | NEW LOCATION: Peninsula Church Cntr 5000 N Pl, Seaview, WA; PLEASE CONTACT BEFORE ATTENDING | Diane B. 503 318 6608 | Kym 503 544-5955 | Leader's Choice, Brn Bag, H | 52810 |
| 12:00 PM | Portland NE | NEW LOCATION: Central Lutheran Church, 1820 NE 21 st Ave, 97212 (very handicap accessible) | Shelby S. 503 388-8638 | Margie 503 807-0201 | SS, Brn Bag | 48990 |
| 12:00 PM | Oregon City | Unitarian Universalist Church, 710 6 th Street (Religious Education Wing) | Jenice 503 705-5599 | Jan E. 971 338-1275 | LS, Brn Bag, H | 56189 |
| 12:00 PM | Seaside | 1218 Avenue A (across from Bob Chisolm Senior Center) | Carole R. 503 440-3761 | TBD | Closed, LS, women focus | 56097 |
| 5:30 PM | Longview, WA | The 1414 Club Fellowship & Unity, 1414 12 th Ave, 98632 | Char 360 487-7020 | TBD | V, D | 50311 |
| 7:00 PM | Vancouver, WA | SW Medical Center, health Ed bldg., enter on 92 nd Ave. 400 NE Mother Joseph Pl, @ Millplain, Rm 2 | Tina 360 991-7007 | Kym 503-544-5955 | D, H | 51512 |
| 7:00 PM | Silverton | St. Edward's Episcopal Church, 211 W Center St. @ Fairview (across from hospital), 97381 | Kim 503 551-3671 | TBD | LS/SS/BB alternate, NP, NC | 51565 |

| DAY/TIME | CITY | LOCATION | CONTACT | DELEGATE | CODES/Topic | MTG# |
|-------------------------------------|-------------|--|---------------------------|-------------------------|--|-------|
| Friday | | | | | | |
| 10:30 AM | Beaverton | Westside Service Center, 12945 SW Beaverdam Road, one block east of Cedar Hills Blvd, north of Canyon | Bob 503 504-9093 | Rosanne 503 828-4693 | V, RR-RP-2 nd Friday | 00706 |
| 12:00 PM | Lake Oswego | United Church of Christ, 1111 SW Country Club Rd, @ Knaus Rd, 97034 | Esther 503 427-2734 | Jan E. 971 338-1275 | SS, H | 33913 |
| 12:00 PM | McMinnville | First Baptist Church 125 SE Cowls St, use Washington St entrance (handicapped entrance in rear) | Marna 971 267-0058 | Margie 503 807-0201 | H, NC, RR-RP-4 th Fri. | 49171 |
| 12:00 PM | Portland SW | St Barnabas Episcopal Church, 2201 SW Vermont St, Lower level of church building, red door, Rm 1. | Sally 503 246-8993 | Margie 503 807-0201 | HOW, BB, LS or Spkr | 49679 |
| 12:00 PM | Salem | First Christian Church, 685 Marion St @ Cottage, 97301 | Sharon C. 503 851-9900 | Jan E. 971 338-1275 | Brn Bag, SS | 39199 |
| 7:00 PM | Portland NE | Bethany Lutheran, 4330 NE 37 Ave @ Skidmore, 97211. Entrance is on NE 37 th through recessed doorway | Merle Ann 503 281-8947 | TBD | BB, LS, D | 49678 |
| Saturday | | | | | | |
| 7:00 AM | Portland SE | Unity of Portland, 4525 SE Stark St, 97215; In basement, to left of stairs | Joan (503) 913-4817 | Margie 503 807-0201 | H, NP, D, meets holidays | 23622 |
| 9:00 AM | Portland SW | St Barnabas Episcopal Church, 2201 SW Vermont St, Lower level of church building. Red door, Room 1. | Terri 503-692-7938 | Margie 503 807-0201 | 1-½ hr., NP, D, Sharing | 32536 |
| 9:00 AM | Salem | Morningside United Methodist Church, 3674 12th Street SE | Chris W. 971 222-6209 | Jan E. 971 338-1275 | Rotating format | 29424 |
| 10:00 AM | Portland SE | St. Paul Lutheran Church, 3880 SE Brooklyn St @ Caesar Chavez, 97202 | Georgia 503 720-4628 | Rosanne 503 828-4693 | 1-¼ hr., OA/HOW, H, NP, D, | 36473 |
| 10:00 AM | Portland SE | Colonial Heights Presbyterian Church, 2828 SE Stephens Street, 97214; Entrance on 28 th | Ilene S. 503-268-3064 | TBD | Spkr | 56341 |
| 10:00 AM | Long Beach | 1st Place Mall, Suite 3, 811 Pacific Ave, 98631 | Diane B. 503 318-6608 | Kym 503 544-5955 | 1-½ hr., NC, leader's choice, RR-RP 3 rd Sat. | 36544 |
| 10:00 AM | Vancouver | St. Andrew Lutheran, Room 1, 5607 NE Gher Rd, 98662 | Sue 360 213-8902 | Kym 503 544-5955 | LS | 34274 |
| 7:00 PM 1st Sat. Only | Portland SW | Speaker meeting, Girl Scout Building 9620 SW Barbur Blvd FIRST SATURDAY ONLY! U.S Call in: 641-715-3836 PIN: 282586 | Steffi 503 984-6755 | Margie 503 807-0201 | 1-½ hr., Spkr | 52186 |

MEETING CODES

| | | | |
|-----------------------------------|---|---|---|
| BB – Big Book Study | H – handicapped access | NC – no children | Spkr – speaker sharing his/her story |
| Brn Bag – bring your lunch | HOW – a more structured approach to the traditional 12-step program. | NP – no pets | V – varied topic |
| D – Discussion or topic | IC – infants & children welcome | RR-RP – focus is on Recovery from Relapse & Relapse Prevention | VR – Voices of Recovery |
| FT – For Today | LS – literature study | SS – Step study 12&12 book | YP – supportive of young people, open to all |



Does your meeting have an Intergroup Rep?

Serving as an Intergroup Representative offers you a rewarding opportunity to share in Overeaters Anonymous' Third Legacy: Service! Intergroup Meetings are at 7pm on the second Wednesday of the month at the Girl Scouts' Building in Southwest, Portland. These monthly business meetings are open to any member. You can better serve the members of your group and fellow reps by being an observer at as many meetings as possible. Even without a vote, you have a right to voice your opinion.

| Oregon Intergroup Board | | | Committee Chairs | | | Service Positions | | |
|-------------------------|--------------|--|-------------------------------------|---------|---|-----------------------|----------|---|
| Chair | Jan - Acting | 971 338-1275 chair@oregon-oa.org | 12 th Step Within | Open | 12thstepwithin@oregon-oa.org | CD Library | Open | cdlibrary@oregon-oa.org |
| Co-Chair | Jan | 971 338-1275 cochair@oregon-oa.org | Literature | Rebecca | 503 880-1632 literature@oregon-oa.org | Website & Yahoo Group | Joel T | 307 399-0414 webmaster@oregon-oa.org |
| Event Coordinator | Open | 503 807-0201 events@oregon-oa.org | Public Info / Professional Outreach | Open | pipo@oregon-oa.org | Lifeline | Rosanne | 503 828-4693 lifeline@oregon-oa.org |
| Group Coordinator | Cathy | 503 975-2405 meetinglist@oregon-oa.org | Serenity Retreat | Open | serenityretreat@oregon-oa.org | Network / Info Line | MerleAnn | 503 281-8947 infoline@oregon-oa.org |
| Member-at-Large | Open | memberatlarge@oregon-oa.org | Speaker Meeting | Open | speakermeeting@oregon-oa.org | Sponsor List | Cindy | 503 961-2743 sponsorlist@oregon-oa.org |
| Newsletter | Nicole | 503 442-2777 newsletter@oregon-oa.org | Ways & Means | Open | waysandmeans@oregon-oa.org | | | |
| Secretary | Liz | 310 433-6494 secretary@oregon-oa.org | Young People | Alice W | 971 371-6267 youngpeople@oregon-oa.org | | | |
| Treasurer | Laurie | 503 314-3412 treas@oregon-oa.org | Nominations | Lisa S. | 503-701-6014 nominations@oregon-oa.org | | | |
| Delegate Chair | Kym | 503 544-5955 delegatechair@oregon-oa.org | | | | | | |

OA Hotline

The OA Members listed below are not professional counselors; they are volunteers who are willing to listen to your thoughts and feelings about food, compulsive over/under eating, binging, or purging. Please call only within the specific time given. Feel free to leave your phone number if you get an answering machine. The person you called will do everything they can to call you back promptly and your anonymity will be respected.

| Day | Name | Telephone Number |
|-------------------|----------|------------------|
| Weekdays | | |
| 6:30 AM – Noon | Margie | 503 807-0201 |
| 7 PM – 10 PM | Bob S. | 503 669-2357 |
| Sunday | | |
| 12:30PM – 3:30 PM | Jenice | 503 705-5599 |
| 8 AM – 12:30 PM | Carolyn | 503 399-0773 |
| 12:30 PM – 9 PM | Alice E. | 503 640-2050 |
| 5 PM – 10 PM | Bob S. | 503 669-2357 |
| Monday | | |
| 9 AM – 5 PM | Diane B. | 503 318-6608 |
| 4 PM – 6 PM | Denise | 503 253-5154 |
| Tuesday | | |
| 6 AM – 8 AM | Alice E. | 503 640-2050 |
| 9 AM – 5 PM | Penelope | 503 644-7671 |
| 5 PM – 9 PM | Alice E. | 503 640-2050 |

| Day | Name | Telephone Number |
|------------------|----------|------------------|
| Wednesday | | |
| 8 AM – 5 PM | Nancele | 971 303-4636 |
| 5 PM – 9 PM | Rosie | 413 214-1324 |
| Thursday | | |
| 6 AM – 8 AM | Alice E. | 503 640-2050 |
| 9 AM – 5 PM | Penelope | 503 644-7671 |
| 5 PM – 9 PM | Alice E. | 503 640-2050 |
| Friday | | |
| 6 AM – 8 AM | Alice E. | 503 640-2050 |
| 5 PM – 9 PM | Alice E. | 503 640-2050 |
| Saturday | | |
| 8 AM – 9 PM | Alice E. | 503 640-2050 |
| 5 PM – 10 PM | Bob S. | 503 669-2357 |

www.oregon-oa.org is our web page. It lists meeting directories, local events, and other useful information.

OregonOA@yahoogroups.com is our email distribution list. We use it to share information about Intergroup activities, upcoming events, and individual member's experience, strength and hope in recovery. Intergroup's monthly reports, agendas and minutes are stored in the 'files' section. To subscribe, send an email to: OregonOA-subscribe@yahoogroups.com with "Subscribe" as the subject.

Addresses:

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