



**OVEREATERS
ANONYMOUS®**

Oregon Intergroup Nov 2017–Jan 2018 Meeting Directory

Send updates/ additions to meetinglist@oregon-oa.org



Oregon Area Info
Line:
971 317-6343
(landline, no texts)

For Oregon OA events, go to http://oregon-oa.org/event_calendar/

eMail Writing Groups:

To join *For Today OA* book writing group please contact:

Jan E. Email: oa4me@yahoo.com

Phone: 971 338-1275

To join *Voices of Recovery OA* book writing group please contact:

Cherish Email: 2cherish@comcast.net

Phone: 503 453-0212

DAY/TIME	CITY	LOCATION	CONTACT	DELEGATE	CODES/Topic	MTG#
Sunday						
7:00 AM	Portland SE	Unity of Portland, 4525 SE Stark St, Portland, 97215. In basement, to left of stairs	Joan 503 913-4817	<i>Merle Ann</i> 503 281-8947	H, NP, D, holidays, RR-RP 1 st Sun	23753
10:30 AM	Portland NW	Alano Club (SE Room) 909 NW 24th Ave, @ Kearney, 97210 ***** Not handicap accessible *****	Essie 503 601-9259	<i>Rosanne</i> 503 828-4693	1¼ hr	38550
1:30 PM	Portland NW	Newcomer meeting, Alano Club (Clock Room) 909 NW 24th Ave @ Kearney, 97210 ***** Not handicap accessible *****	Nicole 503 919-0700	<i>OIG Board & Delegates</i>	20 min. newcomer orientation meeting.	52187
2:00 PM	Portland NW	Alano Club (Clock room) 909 NW 24th Ave @ Kearney, 97210 ***** Not handicap accessible *****	Cindy 503 628-9777	<i>Merle Ann</i> 503 281-8947	Abstinence First! LS—Abstinence	51093
7:00 PM	Portland SW	St. Vincent Hospital 9205 SW Barnes Rd; Room 6 on 2nd floor near cafeteria	Kym 503 544-5955	<i>Kym</i> 503-544-5955	Anorexia/Bulimia Focused	54433
Monday						
12:00 PM	Beaverton	Bethel UCC, library, 5150 SW Watson Ave @6 th St. (meeting on for Christmas and New Year's Day)	Penelope 503 644-7671	<i>Kym</i> 503-544-5955	H, BrnBag, V,RR-RP – 4th Monday, NP	22065
12:00 PM	Portland SE	St. Paul Lutheran Church; 3880 SE Brooklyn St, 97202; @ SE Cesar Chavez Blvd.	Faye 503 255-9091	<i>Martha</i> 503 244-5080	Writing—SS	06652
12:00 PM	Lincoln City	Congregational Church, 1725 NW 25 th Street (Alternate contact for Winona J is 503-895-0305)	Winona J 503-801-8309	<i>Kym</i> 503 544-5955	Relapse Recovery	47035
12:30 PM	Forest Grove	St. Anthony Catholic Church, Parish Hall, 1660 Elm St @ 17th, 97116,	Jean 503 640-6812	<i>Rosanne</i> 503 828-4693	H, V	19903
5:30 PM	Tillamook	Tillamook Hospital 1000 3rd St, 97141; 3rd floor Room D	Sylvia 503 812-0838	<i>Alice W.</i> 971-371-6267	H, V	25939
5:30 PM	Salem	First Christian Church, 685 Marion Street @ Cottage, 97301	Virginia 503 868-7144	<i>Joan</i> 503 913-4817	H,NC,SS	26872
5:30 PM	Longview, WA	The 1414 Club Fellowship & Unity, 1414 12 th Ave	Char 360-487-7020			
6:30 PM	Hillsboro	All Saints Episcopal, 372 NE Lincoln St; 97124 Entrance is on the west side of the church Guild/Library Room; 1st door on the right	Rachel 503 640-9493	<i>Rosanne</i> 503 828-4693	1¼ hr, Book/Spkr, NP	22923
7:00 PM	Milwaukie	Clackamas Pk Friends Church, Fellowship Hall, 8120 SE Thiessen Rd, 97267	Margaret 503 757-1943	<i>Joan</i> 503 913-4817	H, V, NP	18333
7:00 PM	Portland NE	Bethany Lutheran, 4330 NE 37 Ave @ Skidmore, 97211	MerleAnn 503 281-8947	<i>Merle Ann</i> 503 281-8947	H	16216
7:00 PM	Vancouver, WA	St Luke's Episcopal 426 E 4th Plain Blvd, parking lot entrance, 1 st left off of "F" St. upstairs in Library	Annette 360 975-9151	<i>Kym</i> 503-544-5955	IC, YP, LS, RR-RP – 1 st Monday	11259
7:30 PM	Newberg	YOOP Center, 100 E 5 th St, 97132. Handicap accessible	Rhonda 503-476-7804	<i>TBD</i>	Format varies	56116

DAY/TIME	CITY	LOCATION	CONTACT	DELEGATE	CODES/Topic	MTG#
Tuesday						
9:30 AM	Beaverton	St Matthew Lutheran, Room 209, 10390 SW Canyon Rd, 97005	Nancele 971 303-4636	Martha 503 244-5080	H, IC, FT, RR-RP – 1 st Tuesday	33814
10:00 AM	Canby	Smyrna Church, 31119 S Hwy 170, 97013	Patricia 503 829-8529	Joan 503 913-4817	NC,H,NP 1½ hr	45836
12:00 PM	Dallas	West Valley Hospital, 525 SE Washington St, 97338 Chapel/Prayer Room through ER entrance on Clay St	Dee Ann 971 718-6444	Rosanne 503 828-4693		54472
5:30 PM	Hood River	Immanuel Lutheran, 305 9th St, @ Sherman, 97031	Liz 541 386-7160	Merle Ann 503 281-8947	V	39448
6:15 PM	Hillsboro	Westside Kaiser Medical Center, 2875 NW Stucki Ave. 97124; 4 th floor Mt. Hood Room	Janet C. 503 747-5759	Alice W. 971-371-6267	literature, D, H, Sharing, NC, NP	53364
6:30 PM	Portland SE	Call contact person for new meeting location	Bill 360 931-1425	Merle Ann 503 281-8947	Men's Focus, H, NP, RR-RP– 3rd Tues	40678
7:00 PM	McMinnville	First Baptist Church 125 SE Cowsl St. 97128, (handicapped entrance in rear) Use First St entrance	Marna 503 835-1042	Alice W. 971-371-6267	1 hr, H, discussion/topic	52986
7:30 PM	Salem	Salem Hospital Building D 939 Oak St. 97301 Community Health Education Center Group Support Rm;	Pat I. 503 569-5403	Joan 503 913-4817	1 hr	00236
Wednesday						
10:30 AM	Gresham	St. Henry Church School, Room 7, 346 NW 1 st St, at the school, only door is at East parking lot, 97030	Jenny 503 658-7511	Rosanne 503 828-4693	NC, 1¼ hr	07901
12:00 PM	Lake Oswego	United Church of Christ, 1111 SW Country Club Rd @ Knaus Rd 97034	Esther 503 427-2734	Joan 503 913-4817	H, LS, V	33618
1:00 PM	Portland SE	St. Paul Lutheran Church; 3880 SE Brooklyn St, 97202; @ SE Cesar Chavez Blvd.	Suzanne 716 983-5313	Merle Ann 503 281-8947	LS, D	53019
6:30 PM	Portland SE	St Ignatius Church, 3400 SE 43 rd (at Powell), 97206 Parish office white and red brick building on 43 rd – 1 block north of Powell just past the church	Cathy P. 503 975-2405	Kym 503-544-5955	SS, LS,Spkr, NP, 1¼ hr;	51751
me7:00 PM 2 nd Wed Only	Portland SW	Oregon Intergroup Business Meeting, Girl Scout Building; 9620 SW Barbur Blvd 97219 ***** Second Wednesday Only! *****	OIG Board & Delegates	OIG Board & Delegates	Business Meeting; Meeting reps & all members welcome	09043
7:15 PM	Portland SW	St Barnabas Episcopal Church, 2201 SW Vermont St. 97219, Lower level of church building. Church Offices. Red door. Room 1	Val 503-317-4722	Martha 503 244-5080	OA HOW, NP, 1¼ hr, Spkr	38889
7:30 PM	Molalla	Molalla United Methodist Church. 111 Mathias Rd. 97038; cross street is Main.	Loriann 503 704-8571	Joan 503 913-4817	1 ½ hr. LS, D	54553
Thursday						
9:30 AM	Beaverton	St Matthew Lutheran, Room 209, 10390 SW Canyon Rd, 97005	Bob 503 504-9093	Martha 503 244-5080	H, IC, SS	41103
11:00 AM	Gresham	Metro Church of Christ 1525 NW Division St. 97030; cross street is Wallula Ave.	Laneta 503 539-4799	Rosanne 503 828-4693	1.5 hour	
11:45 AM	Ocean Park, WA	Timberland Regional Library 1308 256th Place, 98640; cross street is Park PLEASE CALL CONTACT BEFORE ATTENDING THIS MEETING	Diane B. 503 318 6608	Kym 503-544-5955	H, Leader's Choice, BrnBag	52810
12:00 PM	Portland NE	Grace Memorial Church, 1535 NE 17th Av @ Weidler	Geof M. 503-708-2919	Merle Ann 503 281-8947	SS	48990
12:00 PM	Oregon City	Unitarian Universalist Church, 710 6 th Street (Religious Education Wing)	Jenice: 503-705- 5599	Jan E 971-338-1275	LS, H, Brn Bag; 1hr	56189
12:00 PM	Seaside	1218 Avenue A (across from Bob Chisolm Senior Center)	Carole R. 503 440-3761	TBD	Closed, women only, LS	TBD
1:10 PM	Portland NW	Saint André Bessette Catholic Church, 601 W Burnside St. @ 6th Street 97209	Margaret 503 206-7358	Merle Ann 503 281-8947	SS, H, Spkr	50504

DAY/TIME	CITY	LOCATION	CONTACT	DELEGATE	CODES/Topic	MTG#
Thursday cont.						
5:30 PM	Longview, WA	The 1414 Club Fellowship & Unity 1414 12th Ave	Char 360-487-7020	Alice W. 971-371-6267	V, D	50311
7:00 PM	Vancouver, WA	SW Medical Center, health ed bldg, enter on 92 nd Ave. 400 NE Mother Joseph Pl, @ Millplain, Classrm 2	Tina 360-991-7007	Kym 503-544-5955	D, H	51512
7:00 PM	Silverton	St. Edward's Episcopal Church, 211 W Center St. @ Fairview (across from hospital), 97381	Teryl 503 910-6862	Joan 503 913-4817		51565
Friday						
9:15 AM	Sherwood	Sherwood Senior Center, 21907 SW Sherwood Blvd, 97140	Janet Marie 503 538-8870	Rosanne 503 828-4693	H, D	18225
10:30 AM	Beaverton	Westside Service Center, 12945 SW Beavercreek Road, one block east of Cedar Hills Blvd, north of Canyon	Bob 503 504-9093	Rosanne 503 828-4693	V, RR-RP-2nd Friday	00706
12:00 PM	Lake Oswego	United Church of Christ, 1111 SW Country Club Rd, @ Knaus Rd, 97034	Esther 503 427-2734	Joan 503 913-4817	H, SS	33913
12:00 PM	McMinnville	First Baptist Church 125 SE Cowsls St, (handicapped entrance in rear) Use Washington St entrance	Marna 503 835-1042	Rosanne 503 828-4693	H, NC, RR-RP-4 th Fri.	49171
12:00 PM	Portland SW	St Barnabas Episcopal Church, 2201 SW Vermont St, Lower level of church building. Red door. Room 1.	Sally 503 246-8993	Martha 503 244-5080	HOW, BB, LS or Spkr	49679
12:00 PM	Salem	First Christian Church, 685 Marion Street, @ Cottage, 97301	Sharon C. 503 851-9900	Alice W. 971-371-6267	BrnBag, SS	39199
7:00 PM	Portland NE	Bethany Lutheran, 4330 NE 37 Ave @ Skidmore St. 97211. Entrance is on 37 th through recessed doorway	Cara 971-466-2964	Merle Ann 503 281-8947	fellowship hr-8PM	49678
Saturday						
7:00 AM	Portland SE	Unity of Portland, 4525 SE Stark St, Portland, 97215. In basement, to left of stairs	Joan (503) 913-4817	Merle Ann 503 281-8947	H, NP, D, meets holidays	23622
9:00 AM	Portland SW	St Barnabas Episcopal Church, 2201 SW Vermont St, Lower level of church building. Red door. Room 1.	Terri 503-692-7938	Martha 503 244-5080	1½ hr, NP, D, Sharing	32536
9:00 AM	Salem	Morningside United Methodist Church, 3674 12 th Street SE	Chris W. 971 222-6209	Joan 503 913-4817	Rotating format	29424
10:00 AM	Portland SE	As of 8/12/17: St. Paul Lutheran Church, 3880 SE Brooklyn St, (@Caesar Chavez) 97202	Georgia 503 720-4628	Martha 503 244-5080	OA/HOW, H, NP, D, 1¼ hr	36473
10:00 AM	Long Beach	1st Place Mall Suite 3 811 Pacific Ave. Long Beach, 98631	Diane B. 503 318-6608	Kym 503 544-5955	1½ hr, NC, leader's choice, RR-RP 3 rd Sat.	36544
10:00 AM	Vancouver, WA	St. Andrew Lutheran, Room 1, 5607 NE Gher Rd, 98662	Sue 360 213-8902	Kym 503 544-5955	LS	34274
7:00 PM 1st Sat. Only	Portland SW	Speaker meeting, Girl Scout Building 9620 SW Barbur Blvd FIRST SATURDAY ONLY! U.S Call in: 641-715-3836 PIN: 282586	Steffi 503 984-6755	Martha 503 244-5080	1 ½ hr, Spkr	52186

ALL MEETINGS ARE 1 HOUR UNLESS NOTED. ALL MEETINGS ARE NON-SMOKING. If you are attending a meeting for the first time or if you have questions about a meeting, such as where in the building to go or whether the group meets on holidays, we suggest that you call the contact person. **Meeting CODES:**

BB – Big Book Study	H – handicapped access	Men's Focus – all welcome, men especially	SS – Step study 12&12 book
BrnBag – bring your lunch	HOW – a more structured approach to the traditional 12-step program.	NC – no children	Spkr – speaker sharing his/her story
D – Discussion or topic	IC – infants & children welcome	NP – no pets	V – varied topic
FT – For Today	LS – literature study	RR-RP – focus is on Recovery from Relapse & Relapse Prevention	VR – Voices of Recovery
YP – supportive of young people, open to all			

Oregon Intergroup Board			Committee Chairs			Service Positions		
Chair	Alice W.	971-371-6267 chair@oregon-oa.org	12th Step Within	Jan	971-338-1275 12thstepwithin@oregon-oa.org	CD Library	Pat O.	503-319-4942 cdlibrary@oregon-oa.org
Co-Chair	Open	cochair@oregon-oa.org	Literature	Rebecca	literature@oregon-oa.org	Delegate Chair	Alice W.	971-371-6267 delegatechair@oregon-oa.org
Event Coordinator	Margie	503 807-0201 events@oregon-oa.org	Public Info / Professional Outreach	Open	pipo@oregon-oa.org	Lifeline	Rosanne	503-828-4693 lifeline@oregon-oa.org
Group Coordinator	Caitlin	503 840-7710 meetinglist@oregon-oa.org	Serenity Retreat	Loriann	503 704-8571 serenityretreat@oregon-oa.org	Network / Info Line	Merle Ann	971-317-6343 infoline@oregon-oa.org
Member-at-Large	Nicole	memberatlarge@oregon-oa.org	Speaker Meeting	Open	speakermeeting@oregon-oa.org	Sponsor List	Cindy	503-961-2743 sponsorlist@oregon-oa.org
Newsletter	Cindy	503 628-9777 newsletter@oregon-oa.org	Ways & Means	Open	waysandmeans@oregon-oa.org	Website & Yahoo Group	Joel T.	307-399-0414 webmaster@oregon-oa.org
Secretary	Liz	310-433-6494 secretary@oregon-oa.org	Young People	Alice W.	971-371-6267 youngpeople@oregon-oa.org			
Treasurer	Joan	503 913-4817 treas@oregon-oa.org						

OA Hotline

The OA Members listed below are not professional counselors; they are volunteers who are willing to listen to your thoughts and feelings about food, compulsive over/under eating, bingeing, or purging. Please call only within the specific time given. Feel free to leave your phone number if you get an answering machine. The person you called will do everything they can to call you back promptly, and your anonymity will be respected.

Day	Name	Telephone Number	Day	Name	Telephone Number
Weekdays			Wednesday		
6:30 AM - Noon	Margie	503 807-0201	8 AM - 5 PM	Nancele	971 303-4636
7 PM - 10 PM	Bob S.	503 669-2357	5 PM - 9 PM	Rosie	413 214-1324
Sunday			Thursday		
12:30PM - 3:30 PM	Jenice	503 705-5599	6 AM - 8 AM	Alice E.	503 640-2050
8 AM - 12:30 PM	Carolyn	503 399-0773	9 AM - 5 PM	Penelope	503 644-7671
12:30 PM - 9 PM	Alice E.	503 640-2050	5 PM - 9 PM	Alice E.	503 640-2050
5 PM - 10 PM	Bob S	503 669-2357	Friday		
Monday			6 AM - 8 AM	Alice E.	503 640-2050
9 AM - 5 PM	Diane B.	503 318-6608	5 PM - 9 PM	Alice E.	503 640-2050
4 PM - 6 PM	Denise	503 253-5154	Saturday		
Tuesday			8 AM - 9 PM	Alice E.	503 640-2050
6 AM - 8 AM	Alice E.	503 640-2050	5 PM-10 PM	Bob S.	503 669-2357
9 AM - 5 PM	Penelope	503 644-7671			
5 PM - 9 PM	Alice E.	503 640-2050			

www.oregon-oa.org is our web page. It lists meeting directories, local events, and other useful information.

Newcomer Meeting: Sundays at 1:30pm followed by a Speaker Meeting at 2pm. Alano Club (Clock Rm), 909 NW 24th Ave @ Kearney, 97210 SW Portland. ***Not handicap accessible***

OregonOA@yahoogroups.com is our email distribution list. We use it to share information about Intergroup activities, upcoming events, and individual member's experience, strength and hope in recovery. Intergroup's monthly reports, agendas and minutes are stored in the 'files' section. To subscribe, send a blank email to: OregonOA-subscribe@yahoogroups.com

Addresses:

Oregon OA Intergroup
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Portland, OR 97208

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Tigard, OR 97281

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