

# Hope for the Holidays!

...yes, we CAN abstain from compulsive eating through the holidays!



*Saturday, October 15, 2011*

*Lake Oswego United Church of Christ  
1111 Country Club Road, Lake Oswego, Oregon*

9:30am-10am.....sign-in, fellowship & raffle tickets  
10am-Noon.....session one  
Noon-12:45.....brown-bag lunch & fellowship  
12:45pm-3:45pm.....session two

Presented by the Lake Oswego  
Overeaters Anonymous meetings.  
Contact Beverly at 503-579-1919 or  
beverly.m@frontier.com for more  
information. Newcomers are  
welcome at this event!

*\$5 suggested donation if you are able...  
Contributions to the basket raffle welcomed!*

