

STEPPING STONES TO RECOVERY

An Overeaters Anonymous
workshop celebrating
IDEA Day
(International Day
of Experiencing Abstinence)

Saturday,
11-21-2009
1-4 p.m.

Cedar Hills United
Church of Christ
11695 SW Park Way
Portland, OR

From Hwy 26,
take the Cedar Hills Blvd.
exit south, then right on
Park Way.

From Hwy 217, take the
Walker Road exit west,
right on Cedar Hills Blvd,
left on Park Way.

Three speakers
will offer experience,
strength, and hope;
starting at the top of
each hour.

There will be plenty of
time for sharing. If you
can't come for the whole
event, feel free to drop
in for an hour or two.

For more information,
contact Cherish at
503-642-7707 or
2cherish@comcast.net

Suggested
donation of \$5
if you are able.

Hosted by the Monday Noon,
Tuesday 9:30am, and Thursday
9:30am St. Matthew's meetings.
BUT...please note that the
workshop will NOT be at
St. Matthews, but at the
address shown above!