



*An Overeaters Anonymous workshop celebrating IDEA Day
(International Day of Experiencing Abstinence)*

- When?** Saturday, November 15th, 2008, from 1 - 4pm
- Where?** Cedar Hills United Church of Christ
11695 SW Park Way, Portland, Oregon
- Directions?** From Hwy 26, take the Cedar Hills Blvd exit south, then right on Park Way. From Hwy 217, take the Walker Road exit west, right on Cedar Hills Blvd, left on Park Way.
- Format?** Three speakers will offer experience, strength and hope on the topic "Gifts of Recovery." A new speaker will start at the top of each hour and there will be plenty of time for sharing. If you can't come for the whole event, feel free to drop in for an hour or two!
- Cost?** Suggested donation of \$5 if you are able.
- More Info?** Please contact Beverly at 503-579-1919 or bmail@earthlink.net

*Hosted by the Monday Noon, Tuesday 9:30am & Thursday 9:30am
St. Matthew's meetings, BUT...please note that the workshop will NOT be
at St. Matthews, but at the address shown above!*

