

I Want It All - Physical, Emotional & Spiritual Recovery!

*A workshop celebrating IDEA DAY
(International Day of Experiencing Abstinence)
and our recovery in Overeaters Anonymous*

- When?** Saturday, November 17th, 2007, from 1 - 4pm
- Where?** St. Matthew's Lutheran Church, 10390 SW Canyon Road, Beaverton, Oregon
- Format?** Three speakers will offer their experience, strength and hope on the topic of Physical, Emotional and Spiritual Recovery. A new speaker will start at the top of each hour and there will be plenty of time for sharing -- if you can't come to the whole event, feel free to drop in for an hour or two!
- Child Care?** Childcare available with advance reservation! Please contact Dana at 503-693-6290.
- Cost?** Suggested donation: \$5 for the workshop, \$5 if you use the childcare.
- More Info?** Please contact Bill at 503-297-4337 or mrBilly55@hotmail.com

Hosted by the 9:30am Tuesday/Thursday St. Matthew's meetings – the "Children Welcome" meetings!